This edition of The Palgrave Star has been produced in good faith but errors may still occur during production. Please let us know if this happens so that it can be corrected. Please be aware that the views expressed in the magazine are not necessarily those of the editors and we cannot be held responsible for the accuracy of material submitted for publication and that material is included at the editors discretion, and may be edited for publication.

The deadline for the next issue is:

20th March

If you have an article to be included or would like to advertise in The Palgrave Star, please contact the editors at:

thepalgravestar@gmail.com

The photo on the front cover is from Robbie McClintock. I would like to thank him for allowing us to use it for this edition.

Contacting The Palgrave Star

If you have an article, or enquiry for The Palgrave Star, please email:

thepalgravestar@gmail.com

You can also contact the editor, Rebecca, on 07704 779207, if unable to take your call please leave your name and phone number and I will get back to you as soon as I can.

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The Palgrave Star

The magazine of the Palgrave and District Community Centre

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The members of the PDCC Trustee Committee:

Chairman: Phil Dyer—pdcc.chairman@gmail.com
Vice-chairman: Elaine Bootman
Secretary: Ian McClintock
Treasurer: Heather Goddard
Membership Secretary: Helen Thorburn (01379 651749)
Bookings Secretary: Rebecca Goddard
contact 07554 945682 or email—pdcc.bookings@gmail.com
Bar Manager: Lee Lockwood (01379 423947)

Other Committee Members:
Hugh Bunbury, Jan Hicks, John Kilgannon, Jane Lockwood, Eric Milne, Kathy Milne, Robert Moore (Cinema), and Jean Potter (Friendship club).

All members of the PDCC Trustee Committee are volunteers, who give up their time to plan and hold various events at the centre that we hope people will be interested in. If you’d like to help with organising an event, but don’t want to be on the committee then that’s OK, we appreciate all offers of help, from anyone—be they young or old.

www.pdcc.co.uk

Palgrave Dcc
Back to School Disco in aid of Play in Palgrave

The Play in Palgrave team (Hannah, Jane, Elaine and Wendy) put on a fantastic party in the community centre for local children, with their “Back to School” disco. The disco was a "sell out" with over 60 children enjoying the event. Their parents, grandparents and family joining them too! This lively, loud and fun-filled children’s event was a great opportunity to meet so many young families from the village and also from the surrounding area including Eye, Bressingham, Mellis, Pulham Market and more. It was so lovely to welcome new friends and families to Palgrave! This was also a very successful fundraising event raising over £200 for our village playground project. Every penny raised is helping pay for the new equipment and play area maintenance. Thank you all for your support!

Requests already in for the next disco, watch this space!

Membership Day—17th February

The Community Centre held an open day on Saturday 17th, to raise the profile of all the activities at the Centre, to encourage new membership and to seek more ideas on what people would like us to organise.

It was a successful day, with dozens turning up, to enjoy the events presentations, the coffee, tea and cakes and the wine and cheese in the evening. With nearly 40 regular events and activities, and more being organised, the Centre is proving to be an essential hub in the village.

The photos on display will now be made a permanent feature in the Community Centre after receiving such positive feedback.

Many thanks to Hazel and the ladies from African Drumming who provided a lovely bit of colour to the event and kept us entertained.

Huge thanks to Jane McClintock for all the food and organising, to Helen and Jane and Lee for providing so much help on the day and to all the "volunteers" who washed up and cleared away.

Coming next month......

Wayne McHugh, a renowned Clairvoyant, will be at Palgrave Community Centre on Friday 27 April. The evening is 7pm for 7.30pm start. Entrance fee is £8 per ticket.

Booking is essential as tickets will not be available on the night.

There will be a raffle and the bar is open.

To book contact Elaine Bootman on 01379 640211 or email bootmanelaine07@gmail.com.

Please come along, enjoy the experience and support your Community Centre as any profits from the evening will be used towards the costs of the proposed refurbishment of the cloakrooms at Palgrave and District Community Centre.

Thank you
A talk on Falconry
‘working with the fastest and the most fearsome’.

Organised by the PDCC on Friday March 23rd at 7 pm in the Community Centre, Peter Hall, a Suffolk falconer, will give a short talk about his work clearing wild birds from airstrips and such hotspots as local rubbish dumps. He will also talk about his birds, answer our questions and then introduce his Golden Eagle in person, the top avian predator you are ever likely to see in the wild in this country (and then only if you are very lucky!).

It's not every day you get the chance to see a Golden Eagle up close, really close, so this will be your chance. There will be a charge of £5.00 for an adult but children, who must be accompanied by an adult, will be free.
To book please call 07719922762

‘Art Attack : the history of vandalism in Art’.

A talk by Tanya Harrington an artist and speaker.

This hour long illustrated talk focuses on works of art which, throughout history, have been vandalised and the varied and intriguing reasons behind these attacks. The priceless Velazque slashed in the National Gallery in 1914 by the suffragette Mary Richardson and Maggi Hambing’s Scallop on Aldeburgh Beach are both examples of art that has been damaged in acts of rage and protest.

To book please call Jane on 07719922762.
Tickets are £6 each and the bar will be open.
This events starts at 7.30pm.
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Saturday April 7th - 7.30pm
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AN EVENT NOT TO BE MISSED
The Play in Palgrave Team Presents

MURDER IN PALGRAVIA

SATURDAY 17TH MARCH 2018, 7.00PM AT
SHOCKING’EM PALACE, THE COUNTRY RETREAT OF
GOOD KING WENDS-HIS-LAST, KING OF PALGRAVIA.

This Murder Mystery is set in 1938.

The King, rapidly approaching his 70th birthday and sadly still without issue has summoned his five Royal Nieces and five Royal Nephews from around the world to decide which of them is most worthy of being appointed Heir to the Throne of the wealthy and powerful Kingdom of Palgravia.

The Prime Minister and selected good citizens of Palgravia are invited to a Reception at which the King will announce his successor.

A Newly Commanded Mystery Crafted by Lady A & Lady M of Roydon

The venue - Palgrave Community Centre
Bar Open
Ticket price includes - Fizz, Buffet, Choice of Dessert, Tea or Coffee
£15

Booking essential as tickets will not be on sale on the night. To book your places at this very Regal event and for more information please contact:

Elaine Bootman  01379 640211 or 07740 104460
or e-mail bootmanelaine07@gmail.com
Chocolate Bingo

At Palgrave Community Centre
Raising money for the new play area

Sat 24th March - 6 for 6.30pm

Entry £4 adults and £2 children
(including nibbles and first game free)
Game cards £1 each - 8 games in total

Bar open  Raffle

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100 CLUB 2018  GET IN IT TO WIN IT!

This is an opportunity to help raise money for the Community Centre and have a chance of winning some of the prize money.

A 100 Club membership ticket costs £10.00 for the year, there are ten prize draws each year, the first draw being in MARCH at our Saturday Coffee Morning. The prize money will again be dependent on the number of £10.00 tickets sold.

You do not have to be a member of the Palgrave & District Community Council to join the 100 Club, and you can buy more than one ticket - double or even treble your chance of winning.

An application form is printed on the inside of the back page of this edition of the Star. The closing date is 20th March

Forms are available now from the Community Centre. If you are unable to get to the Centre to obtain a form please contact Helen Thorburn (651749)

New Contact Details

We are providing a general contact address for anyone who wants to raise issues, concerns or make general enquiries and suggestions for activities and events. The email address is pdcc.chairman@gmail.com and is now in the list of contacts on page 5 of the Star. Enquiries for bookings, membership and the Club remain the same.

They are at it again .....  

Jenny Goater, Mike Webb and Jane West the three artists who worked together on ‘Discover Palgrave’ in 2016 are exhibiting again in September, this time in a house and garden in Stuston.

The event will feature recent work by them and other artists and is on three weekends in September— the 15th and 16th, 22nd and 23rd and 29th and 30th

There will be paintings, prints, ceramics and sculpture. More details will appear in the Star in the coming months.
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This public consultation document has been delivered to around 6,800 addresses - residential and business - across the seven parishes comprising the Neighbourhood Plan Area.

The document sets out the ambitious Vision and Themes that the Steering Group has developed and now asks you to say what you feel about them. There is a pull-out response form in the middle of the document with a FREEPOST reply envelope but you can also respond through the on-line survey, which has exactly the same questions, on the Neighbourhood Plan website: www.dndneighbourhoodplan.co.uk

Responding on-line means that all members of your household can have their say, you can save the Steering Group the cost of the return postage charged by Royal Mail and at the same time help us - all the views will be automatically added up so the results can be seen much sooner.

You can also hand in your response, sealed in the envelope, to Diss Town Council offices.

The closing date for responses is Friday 16th March but, please, don’t wait until the last minute but read the document and respond to it now - it is

Your Plan, Your Future - Your Choice, Your Voice.

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Open Forum - Palgrave Community Centre - Friday 16th February

Residents of the three Mid Suffolk Parishes were invited to this event and about 50 residents from Palgrave and Stuston attended. The meeting was opened by Cllr Val Pudney, chairman of Palgrave Parish Council and its representative on the Neighbourhood Plan Steering Group and she then handed over to Mike Bootman, permanent chairman of the Steering Group.

Mike worked through the background to the Plan and this consultation, described the content of the document and explained the purpose of the survey questionnaire. Those present asked a number of very relevant questions which were answered as far as can be at this point in time. Those present were able to see how issues that they had raised previously in parish-led meetings are being carried through into the various Themes in the Plan.

It was pleasing to see so many people from Stuston attending alongside those from Palgrave, all having a keen interest in what the future might mean. Roger Greenacre, chairman of Stuston Parish Meeting and Steve Leigh, both representatives on the Steering Group, were there too.

More information is available on the website where you can also sign up for news updates and to volunteer to help with the work. It is, after all, your Community’s Plan.
Regular activities at Palgrave Community Centre

**Clubs**

**Mondays:**
- Carpet Bowls 2.00pm
- Drama Group 5.30pm (Main hall)
- Line Dancing 7.30pm (Main hall)
- Cribbage 7.00pm (in the Member’s lounge)

**Tuesdays:**
- Friendship Club—alternate weeks
- Fit to drop 9.30am
- Pilates 6.45pm
- African drumming 7pm (in the Member’s lounge)
- Bolly Fit 8pm

**Wednesdays:**
- Extend 12pm
  - *For over 60s to maintain health, balance and have great fun*
- Ving-stun Kung Fu and Eskrima Martial Arts– 6.30pm
- PDCC Committee Meeting (First Wednesday of the month Member’s lounge)

**Thursdays:**
- Quilters (Second Thursday of every month) 9.30am

**Fridays:**
- Fit Steps 10.00am
- Member’s Lounge bar open 6.30pm

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Our next ADULT ONLY bar evening will be Thursday 29th March 7pm-10.30pm.

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A full colour, larger print version of The Palgrave Star is available on the Palgrave and District Community Council website: www.pdcc.co.uk
Contact List for clubs and organisations in Palgrave

Carpet Bowls and Cribbage—Jean Potter (01379 651926)

Friendship Club—Pam Baker (01379 643513) or Jean Potter (01379 651926)

Line Dancing—Melissa Hawkes (07770875404)

Extend—Polly Lavender 01379 643212 or 07739529449

Drama Group - Lynne Bailey (07835021439 or lynne@lksschoolofdance.co.uk)

African Drumming - Hazel Massey (01379 642591)

Fit Steps - Jill Mitev-Will (01379 897055)

Parish Council—palgravepc@gmail.com

Ving-stun Kung Fu and Eskrima Martial Arts—Terry Page (07835 392624)

Bollyfit—Alison Cooklin (01379 678176)

Interested in table tennis? Contact Ted Ling—01379 642196

You can find us at:

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During a cardiac arrest, every minute counts and it is vital that help arrives ASAP. Although Diss has an ambulance station, ambulances are out on calls around East Anglia for the majority of the time. There are also the volunteers of Diss First Responders, but they are not always available, or could even be out on another call as they cover an area of approximately a 10 mile radius of Diss.

We hope that nobody would ever have to use it, but it would be there to help save a life if required.

If we have the support from the community, the school has agreed for it to be positioned on an outside wall which would ensure it's centrally located.

If you think Palgrave should have a defibrillator, or if you have any other comments on this matter, then please e-mail at the following address: Palgravedefib@gmail.com
Firstly an update on last month's story from Val Pudney about her sighting of a polecat. Within hours of receiving her Star, Hazel Massey emailed to say that she had seen one about six months ago as she drove home through Thrandeston; 'a very pretty animal' was how she described it. This just about confirms my assertion that Val is possibly the first to have seen a live polecat in Palgrave for 100 years - though only by a couple of hundred yards or so!

To continue with the theme of rarities, David Witney has told me of a Firecrest in his Clarke Close garden. Being far from commonplace, there are not likely to be many people familiar with this diminutive little bird but many more will know its cousin, the Goldcrest, Britain's smallest native bird. Can you tell the difference? - yes, but with difficulty. Firstly size: both are tiny and although the Goldcrest is $\frac{1}{2}$ cm. shorter in the body they are unlikely to be accommodating enough to perch together long enough to make a comparison. Shape doesn't help much either as both have a short neck and proportionately large head, giving them a dumpy, rounded appearance. The most obvious difference is the plumage but even here it's minimal: both have an off-white breast and belly beneath an olive green back (though the Firecrest's is said to be brighter), with the main differences being the markings around the head and neck. Both species have a conspicuous crown, as their names suggest, which is generally yellow in the female but the male is more likely to have an orange tinge or streak. However the Firecrest has a prominent white supercilium and black eye-stripe which make the head pattern look more distinct, whilst it also has an obvious greenish yellow patch on the sides of the neck. Whilst Firecrests are largely migratory, many appearing in East Anglia when winter is harsh on the Continent, only a few remain in summer to breed - thought to be less than 1,000 pairs. Goldcrests on the other hand are usually very sedentary and remain here all year: they are therefore the more likely to be seen except that they seem to spend most of the time in the tops of conifers which makes them difficult to identify, frustratingly so in summer when hidden by pine needles. The preferred habitat of both species is very similar: conifer trees, though the Firecrest can apparently be seen also where there is a significant admixture of deciduous trees for it seems they will forage there for insects in the understorey. This just adds weight to this story for, as David points out, their garden backs onto Priory Wood with its real mix of heights and types of vegetation. Ideal if you happen to be an itinerant Firecrest!

The other surprising report I have had this month has come at second hand from our recently departed and very much missed Parish Clerk, Sarah Foote. Not actually within the parish but in Stuston, Sarah spotted a group of deer, photographed them and sent these to Mike Bootman. They are perhaps a little distant as she took the photos from her car (makes an excellent hide but not easy to manoeuvre any closer than the tarmac allows!) but if I'm not
mistaken they show a group of eight red deer, at least three of which are displaying antlers. At this time of year I suspect they are all stags of different ages. Red deer are now of course our largest land animal but are not often seen in East Anglia outside the forested areas of Breckland and the Sandlings. And though perhaps not quite so impressive, Kevin Mobbs pointed me in the right direction to see seven roe deer off Millway Lane, lounging in grass and obligingly calm .... but it’s the Year of the Dog, not the [Chinese water] deer.

Unusual for mid-winter, Jerry Rolfe has sent me a photograph of bees, taken last month when a lime tree beside Thrandeston Beck was blown down in the gales mid-month. It shows the higher end of the trunk split open, exposing the comb and a good number of insects that Jerry says got rather cross when he got too close! Unfortunately he doesn't tell me the species of bee they are but from my very limited knowledge they look to be our native honey producer, *Apis mellifera*, the Western Honey Bee. It seems colouration can be extremely variable, from almost entirely orange to entirely black, or variably black- and orange-banded, but whatever the colour they are all likely to be much more aggressive than our popular and friendly bumble bees.

More birds: Roger True has a Green woodpecker on his lawn and wonders what it is after - usually it's ants on the menu but at this time of year they must be hard to find? David Drake has encountered good flocks of Bullfinches off Millway Lane, which must have been quite spectacular, and of a bird that used to be a common winter visitor but is sadly now much less so inland: the Lapwing, once more often known as the peewit or green plover. Elsewhere Jan Hicks reports something of a miscellany: Dunnocks, Song thrushes, Starlings and she too bemoans the disappearing Goldfinches from the Green, but a Skylark singing over the Lows on 11th February is a compensatory sign of spring. She also asks about the use of glyphosate as a tool on conservation sites - huge question, little space - next month! And don't forget the Golden Eagle in the Community Hall, Friday 23rd March, 7 for 7.30pm [bookings: Jane, 07719922762].

And a final twist to the Polecat saga. Paul & Jill Whiting have just told us that their cat has been the victim of an attack by an unknown assailant and its injuries point to a polecat - a theory backed up by the discovery of footprints in the mud that look suspiciously like those of ....... yes, that's it!

If you have anything wild to report please be in touch - iwt.mcclintock@gmail.com
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handymansimon@outlook.com
Palgrave Walking Group

Our group meets on the second and fourth Tuesday of each month normally leaving Palgrave Community Centre at 9.45 a.m. (Please check individual walk details for exact times in case). Everyone is welcome to join our friendly group but it is regretted that dogs cannot be allowed on our walks. Additionally Palgrave Walking Group, or its walk leaders, cannot be held liable for any injury sustained whilst on any walk they organise. Please contact Bob Solley on 01379 651706 or bobsolley@aol.com if you would like further details.

13th March—Led by Alison
The group will meet as usual at the community centre for car sharing at 9.45 or alternatively at Homersfield where we will probably set off at about 10.

The walk for the above date will start at the Homersfield Black Swan carpark. We will head north across the A143 (care will be needed as this is a fast road). We will then head up a steep but short hill towards Alburgh, turning left just before the brow of the hill. The rest of the walk will follow footpaths and quiet country lanes we return back across the A143 to have a drink/lunch in the pub. The walk is 4.8 miles. If it is very wet we will make a short cut to avoid Low Ditch Road.
If you plan to eat it may be a good idea to book in advance.

27th March—Led by Margaret T
This walk will take in New Buckenham and Old Buckenham in a 5 mile round walk. Starting from the Market Place Going down Church Street and across flat farmland to touch on Old Buckenham Stud coming out at Old Buckenham village green and All Saints Church. We will touch on the wooded moat and earthworks of New Buckenham Castle. There is a bit of main road walking and one stile. There are many places for refreshments.

Forthcoming walks and leaders

<table>
<thead>
<tr>
<th>Date</th>
<th>Leader</th>
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<tr>
<td>February 13th</td>
<td>Steve M</td>
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<td>February 27th</td>
<td>John N</td>
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<td>March 13th.</td>
<td>Alison S</td>
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<td>March 27th.</td>
<td>Margaret T</td>
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<td>April. 10th.</td>
<td>Keith C</td>
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<tr>
<td>April. 17th.</td>
<td>Bob S.</td>
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Palgrave Gardening and Social Group

In February the Garden Group enjoyed an excellent lunch at the Cock Inn on the Fair Green.

Of the events planned for this year, the following are open to non-members, who are most welcome to attend. Please ring Beryl (650382) for further details.

**Saturday 3rd March (afternoon)**
Talk at the Community Centre. See poster.

**Thursday 17th May**
Coach Trip to Beth Chatto’s Gardens

**Thursday 7th June (afternoon)**
A rare opportunity to visit Howards Nursery at Wortham

**Wednesday 5th September.**
Coach trip to Felbrigg Hall

**Saturday 3rd November (afternoon)**
Speaker from the John Innes Institute in Norwich visits the Community Centre.

**Tip of the Month  March 2018**
Do you love salads? Would you like to supplement those anaemic, expensive winter lettuces –at least until the first hard frosts - with greenery from your own garden? It’s easy, so long as you scan your seed catalogues now. Look for chicories (*but not “Witloof”, which needs careful forcing*) like Sugar Loaf Chicory, Rosa di Verona and Rosa di Treviso. and seek out Batavian and Frizzy Endives. All are best sown into modules **after 21st June** and then popped into the vegetable plot as room becomes available. They are all robust and trouble-free and will grow away fast, but allow at least twice as much space per plant as you would do for lettuce.

You will be enjoying the crisp curly blanched shoots of Frisee in September/ October., Batavian Endive (also excellent cooked) and Sugar Loaf Chicory in October and the lovely tight red heads of Rosa di Verona etc right through to the hard frosts. The cut stumps will often shoot again, giving a bonus of young leaves in the spring.
SPRING INSPIRATION

Saturday 3rd March
2.30pm

A talk by
Ken Sammon
who writes
"Jottings by Ken" in The Village People
at
PALGRAVE COMMUNITY CENTRE

£6.00 includes refreshments
To book—phone Diane Gibbons – 01379 641760

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♦ Dedicated Staff with high adult to child ratio.
♦ Fully qualified SEN Staff.
We are open term-time Monday-Friday, 9am-3pm and provide funding for 3-4 year olds and eligible 2 year olds.
Email: contactus@ympreschool.co.uk
Tel: 01379 788 458.

David Peachey Electrical & Mechanical
Goulds Cottage, The Lows, Palgrave, DISS, NORFOLK, IP22 1AE

David M. Peachey
Office: 01379 640709
Workshop: 01379 688218
Mobile: 07768 668158
Fax: 01379 640745
E-mail: david.peachey@tesco.net

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You may have noticed a number of ‘Speed Watch Teams’ monitoring traffic speed through the village recently. Several residents have stopped to thank the team members and offer support. If Palgrave Speed Watch is to continue on a more regular basis we need to increase the number of volunteers. The commitment is only 1-3 hours every 4-6 weeks and the times are chosen by the team members to suit their personal commitments. You will work with two other volunteers and all equipment is provided. The training only takes 30 minutes and can be done at any convenient time. Some residents have asked why the Speed Watch Teams are so visible and whether we can choose our own places to stand. We have to obey the regulations set down in the ‘Suffolk Constabulary Community Speed Watch Briefing Pack’. There are currently 5 designated spots in the village and we hope to monitor these regularly. Do you think you could give some time to make the village a safer place? Speed Watch does make a difference to the speed of traffic passing through and is not an onerous task. If you are willing to help please contact Lin on lindahparker@btinternet.com or Phil on phildyere3consulting@gmail.com or come along to our next team meeting at the Community Centre at 2pm on Thursday 1st March. Everyone is welcome.

E.R Ling and Sons Ltd have a current planning application no: DC / 17 / 05897 registered at Baburgh and Mid Suffolk District Councils (see their website) for an intensive pig farm unit to be built on their land bordering Lion Road and Old Bury Road for a 1000+ pigs.

Anyone with concerns over Foul Odour (carried many miles on the wind), Health Risks to Humans and Animal Welfare can find plenty of sites concerning these issues on the internet or contact the council.
EASTER at PALGRAVE CHURCH

Easter services - all welcome!
There will be a Good Friday service in the church at 10.30 am on 30th March.
On Easter Sunday, 1st April, we will have a special Easter family-friendly service at 11.00 am, with Communion, and the Palgrave Praise band will be playing. All are welcome to join us for a joyful family celebration of Easter.

Experience Easter in Palgrave!
The “Easter Experience” takes the form of six interactive "stations" in and around the church, illustrating the Easter story from Palm Sunday to the Resurrection. The children from Palgrave Primary School will journey around the stations before the Easter holiday, with short reflections and activities.

You are warmly invited to make your own Easter journey at Palgrave church, on your own or with family or friends. A laminated card at each station will guide you on your journey. The Easter Experience will be “open” in daylight hours from 28th March until 14th April.

Calling all who enjoy singing!
We’d love to have a group of enthusiastic singers to lead the singing at Palgrave Praise! Come and join us to sing with the band. All ages welcome! No experience needed - you just need to enjoy singing and it’s an opportunity to sing songs you know, as well as to learn some new ones. Palgrave Praise is on the 3rd Sunday of the month, and there’s usually a practice for musicians and singers at 4pm on the 2nd and 3rd Saturdays. Come along when you can! If you’re interested, please contact Nicola Diggins on 07977 013 083.
Services at St Peter’s, Palgrave
February 2018

Sunday 4th March – 3rd Sunday of Lent
Readings: Exodus 20.1-17; Psalm 19 [or 19.7-end]; 1 Corinthians 1.18-25; John 2.13-22
8.00 am Holy Communion
10.00 am Sunday Club followed by
10.45 am Coffee and Cookies followed by a short Family Service

Sunday 11th March – Mothering Sunday
Readings: Numbers 21.4-9; Psalm 107.1-3,17-22 [or 107.1-9]; Ephesians 2.1-10; John 3.14-21
11.00 am Mothering Sunday Family Service

Monday 12th March
9.30 am Morning Prayer

Sunday 18th March – 5th Sunday of Lent
Readings: Jeremiah 31.31-34; Psalm 51.1-13 or Psalm 119.9-16; Hebrews 5.5-10; John 12.20-33
10.00 am Palgrave Praise

Sunday 25th March – Palm Sunday
Readings: Mark 11.1-11 or John 12.12-16; Psalm 118.1-2,19-end [or 118.19-end]
10.30 am Palm Sunday Benefice Communion & Confirmations
followed by a Bring & Share Lunch in Palgrave School - ALL WELCOME

Maundy Thursday 29th March
7.30 pm Agape Meal with Holy Communion At Burgate Church Hall

Good Friday 30th March
10.30 am Good Friday Benefice Service at Palgrave Church
2.00 pm An Hour at the Cross - Benefice Service of Reflection At Burgate Church

Easter Sunday 1st April
Readings: Acts 10.34-43 or Isaiah 25.6-9; Psalm 118.1-2,14-24; [or 118.14-24]; 1 Corinthians 15.1-11 or Acts 10.34-43; John 20.1-18 or Mark 16.1-8
11.00 am Easter Family Communion

St Peter’s is normally open during daylight hours for private prayer and meditation, please do use this resource which is for the whole community.
ALL ARE WELCOME

For further details, please contact:
Churchwarden: Beryl Dyer – 01379 650382
Sunday Club: Helen Skipper – 01379 641340
Palgrave Praise: Kathryn Westerveld – 01379 644007

Please see Parish News for details of services throughout the North Hartismere Benefice including Morning Prayer on Mondays at 9.30 am
E&D Boiler Maintenance Ltd
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Have you:
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- Reflexology
- Mini Facials
- Nails
- Prosecco & Refreshments
- Makeup & Beauty Products

Tickets £5
Includes First drink
Booking advisable, especially for treatments

Ladies Pamper Evening At Palgrave School, The Green, Palgrave
Tickets available from the School Office, Laura Forster or Sarah Kerry

Friday 9th March ~ 7pm-10pm
Update - your community bus January 2018

The first 18 months has proved very successful with respect to vehicle usage, some 3500 people journeys per annum.

With respect to financial support. Fares collected are adequately covering running expenses although we have to bear in mind the vehicle warranty expires June 2018. Clearly the vehicle replacement in say 3-4 years, at a cost of some £30000-£35000 must be our long term planning. Our County Councillor Jessica Flemming is confident that if we can acquire through donations etc. some 50% of replacement costs we would be in a good position to apply to grand fund the remainder.

It my opinion that with support from more Parish Councils, (Rickinghall and Botesdale already substantially contribute}, plus voluntary donations, that continue to arrive, the future of our community bus is secure.

Gordon Lawrence Community Bus Co-ordinator. Tel. 01379 897109 (24/7ans/phone)

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Easter Egg Hunt

Saturday 31st March at 2:00pm
In St Peter’s church
Tickets £2.50 per child
Refreshments available for everyone plus raffle
Come and experience fun and fellowship
Contact Beryl Dyer 01379 650382
I / We would like to become members of the 100 Club for 2018.

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Total No. of tickets ___________       Total amount £_______________

Please return this form together with your cheque made payable to PDCC by 18th March 2018 to

Helen Thorburn, Kerridge Cottage, Lows Lane, Palgrave, Diss IP22 1AE
or to any other Committee Member.

Palgrave and District Community Centre is registered with Mid Suffolk District Council for the purposes of Section 5 of the Lotteries and Amusements Act 1976.

NB. 10 Draws will take place in 2018, monthly from March through to December.
The Draw will take place at the PDCC Coffee Morning or at another PDCC event if there is no Coffee Morning held in the month.
Easter Craft Fayre

Sunday 25th March
10.00am—3.00pm

Palgrave Community Centre

Range of Craft Stalls
Easter Egg Raffle
Delicious Refreshments

Admission Charge—Adults 50p
Children Free

Palgrave & District Community Centre  Registered Charity No 269132  www.pdcc.co.uk